

# MY DISC PROFILE LEARNINGS

What adjectives would you use to best describe yourself?

How would you describe your preferred communication style?

What would be the ideal job setting for you given your DISC style?

How well does your current role and job setting fit your behavioural style?

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What is something you learned that you can use to improve your performance?

Based on you lowest scores, what do you need to be mindful of?

How can you connect more effectively with the people around you at work?

How can you connect more effectively with the people around you at home?