

MY STRENGTHS

What are your Top 5 strengths?

1.
2.
3.
4.
5.

How do these Top 5 strengths enable you to be at your best every day?

Think of a challenging situation or conversation you have coming up in the future. How will you use your strengths to support you to get the best possible outcome?

Where will you display your Top 5 strengths so that you see them every day and memorise them?